Holy Spirit

SIMPLE PRACTICES FOR PARTNERING WITH THE HOLY SPIRIT

PRACTICE: WISDOM AND THE HOLY SPIRIT

"When we tell you these things, we do not use words that come from human wisdom. Instead, we speak words given to us by the Spirit, using the Spirit's words to explain spiritual truths."

1 Cor. 2:13



Introduction

Jesus told his followers that is was better that He was going to the Father because the Holy Spirit would come and reveal to them, and even to us, what "the Father is saying and doing". Jesus lived life and did ministry in the power of the Holy Spirit. Now, He invites us to do the same. The Come, Holy Spirit Practice Series is a set of simple practices to help ANYONE become familiar with the Holy Spirit and learn to "partner" with him in everyday life... just as Jesus did.

How To Use These Practices

This series contains ten practices related to partnership with the Holy Spirit in everyday life. Each prompt/practice contains an intro, a Scripture, a suggested practice exercise, things to notice, and journal space in which to document your experience with that specific practice.

Participants can spend as much time on one practice as they feel is appropriate.

These practices are personal. They are also short enough to be shared and interacted with in any type of group setting.

The important thing is for anyone who desires to grow in life with the Holy Spirit to feel free to work through these practices and learn her/his rhythm with the Holy Spirit - everyday.

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Intro:

The purpose of this practice is to grow familiar with wise words from the Spirit being a way He gives insight into decision-making or a specific situation. 1 Corinthians says, some receive wisdom and some "special knowledge". i.e. specific facts about a situation revealed by The Holy Spirit. As we pray for wisdom from the Holy Spirit, we pay attention to what "insight" we receive about a situation and how it applies "in the moment." Often, words of wisdom confirm for us and others we are praying for, that God loves us, and is leading us/them in a certain direction or giving an answer to questions/dilemmas for which we have been asking for wisdom.

Prompt:

This practice is best done in community. At church or small group, pay attention to folks who are seeking guidance for a decision, dilemma, and/or life direction. Acknowledge their situation and ask the person what the specific issue is. Gently pray, "Come, Holy Spirit... grant us wisdom now." Then wait. Notice what comes to your head. You may "hear" a word or phrase in your mind. You may also see a picture AND hear a phrase. These words or pictures will often include more insight and less facts than a word of knowledge. Ask the Spirit and the pray-ee what the picture and/or insight may mean to them. Notice the impressions you hear or see after asking this. Open your eyes. Notice how the person in impacted in their bodies or emotions by what the Spirit is saying. Ask them if the words make sense and continue appropriately. Encourage the person to write down the insight.

Things to Notice: Markers of the Spirit's wisdom

Message from the Spirit is one of insight and/or direction

- Message from the Spirit addresses questions, decisions, or life path issues.
- Message from the Spirit gives the pray-ee a sense of permission, release, and/or peace in relation to what they are seeking
- Message from the Spirit includes some instructions/follow through for participant
- Message from Spirit brought a "welling up" of emotion, tears or laughter

Journal:

Remember the stages of your prayer encounter. Note what the person requested, what you asked God for, and what the Holy Spirit revealed to you. Note your thoughts about what this wisdom meant to the person. Note any emotional and/or physical responses in you or the person you prayed for. Pay close attention to how the words or pictures came to your mind and make note so you can gain familiarity with how the Holy Spirit imparts wisdom to you, for yourself and others.

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