

C O M E

Holy Spirit

SIMPLE PRACTICES FOR PARTNERING
WITH THE HOLY SPIRIT

PRACTICE: WORDS FROM THE HOLY SPIRIT

“When we tell you these things,
we do not use words that come from human wisdom.
Instead, **we speak words given to us by the Spirit**,
using the Spirit’s words to explain spiritual truths.”

1 Cor 2:13

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Introduction

Jesus told his followers that it was better that He was going to the Father because the Holy Spirit would come and reveal to them, and even to us, what “the Father is saying and doing”. Jesus lived life and did ministry in the power of the Holy Spirit. Now, He invites us to do the same. The Come, Holy Spirit Practice Series is a set of simple practices to help ANYONE become familiar with the Holy Spirit and learn to “partner” with him in everyday life... just as Jesus did.

How To Use These Practices

This series contains ten practices related to partnership with the Holy Spirit in everyday life. Each prompt/practice contains an intro, a Scripture, a suggested practice exercise, things to notice, and journal space in which to document your experience with that specific practice.

Participants can spend as much time on one practice as they feel is appropriate.

These practices are personal. They are also short enough to be shared and interacted with in any type of group setting.

The important thing is for anyone who desires to grow in life with the Holy Spirit to feel free to work through these practices and learn her/his rhythm with the Holy Spirit - everyday.

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Intro:

The purpose of this practice is to grow familiar with words from the Spirit being one of the ways the He communicates with us. 1 Corinthians says, “... we speak words given to us by the Spirit...” As we pray for guidance from the Holy Spirit, we pay attention to what words we “hear”. Often, we will get words, insights, wisdom, for people we are praying for or for ourselves as we ask God for guidance or answers. These words are profound and loving and are a gift of knowledge, from the Spirit, for the moment or the future.

Prompt:

This practice can be done alone or in community. If alone, settle yourself in a private area. Take a few breaths to calm your body and brain. Open your hands, palms up, into a position of receiving. Gently pray, “Come, Holy Spirit... speak to me now.” Then wait. Notice what comes to your head. You may “hear” a word or phrase in your mind. You may also see a picture AND hear a phrase. Ask the Spirit what it means. Notice the impressions you hear or see after asking this.

If praying for someone, ask the person about their need or issue. Gently pray, “Come, Holy Spirit... speak or show us your direction.” Then wait. Notice any words or phrases. Pray those out loud to God with the person. Open your eyes. Notice how the person is impacted in their bodies or emotions by what the Spirit is saying. Ask them if the words make sense and continue appropriately.

Things to Notice: Words from the Holy Spirit

- In practice, no word is meaningless if the Spirit is invited.
- Words are marked by God’s love for person and then for direction.
- Words are often profound for you or the person.
- Words sometimes need to be thought about later, alone.
- Words for others help them know God truly cares and is present in the moment
- Words given by the Spirit become familiar, like a road map guided by the Holy Spirit in the moment, whether alone or with another.

Journal:

Write down any words of knowledge or wisdom you received while praying. What do they mean to you if you prayed alone? What did they mean to the person or you if you prayed with someone? What was different when you prayed and received specific words/phrases to share/pray. What felt good about it? What felt weird about it? Express how you felt *about* God while you prayed. Express what you felt *from* God when you prayed. Notice any of the words/phrases you received that seem unfinished and continue to pray about those things.

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